

# ONE SONG

## CUP PERCUSSION

Cup percussion can be played with any type of plastic cups. Hard plastic cups that you can get in children's dinner sets tend to be very durable and make some great sounds.

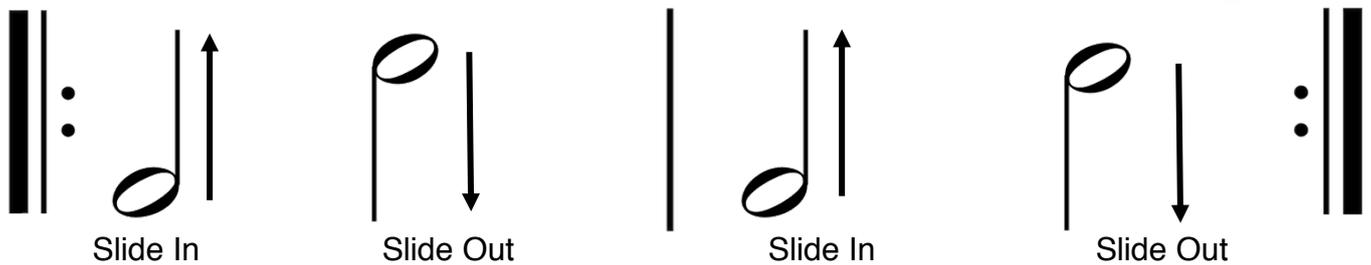
It is best to play a cup percussion piece on a hard floor, seated around tables or on hard clipboards/plastic board (corflute signs flipped over work well also).

Each Section of the song has its own ostinato (musical pattern). You can teach ostinato individually first and then put it all together.

Get students sitting in a circle. Ensure that they are sitting knee to knee (no gaps) as they will need to pass the cups to each other.

### Introduction:

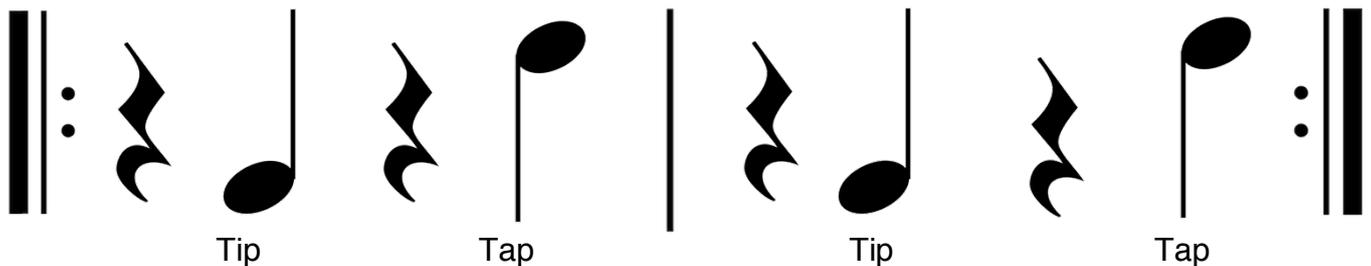
Slide cup forwards and backwards in time with music.



Slide In      Slide Out      Slide In      Slide Out

### Verse:

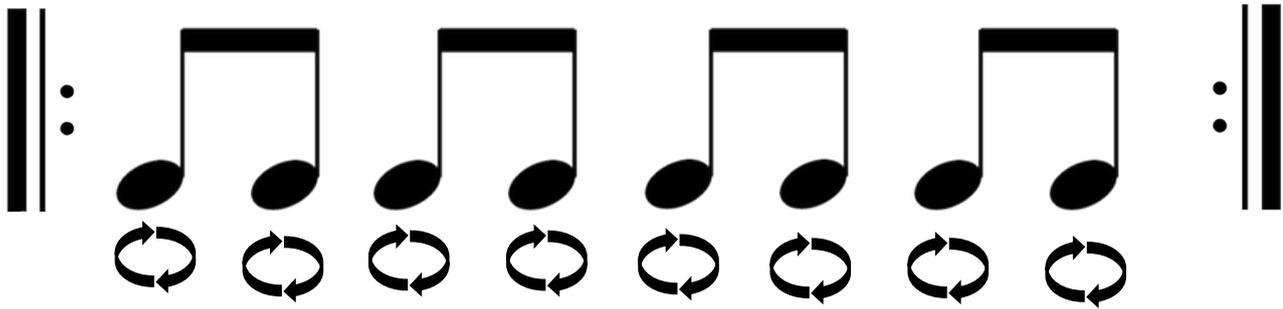
Tap the opening of the cup on the ground then Tip it the 'right way up' and hit the base on the ground.



Tip      Tap      Tip      Tap

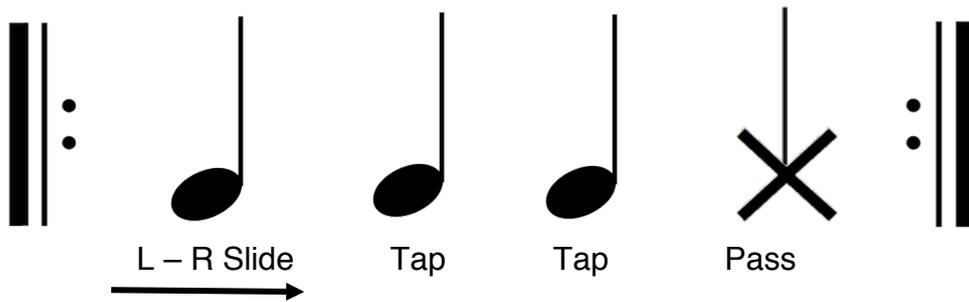
**Pre-Chorus:**

Slide the cup around on the ground as if drawing a circle.



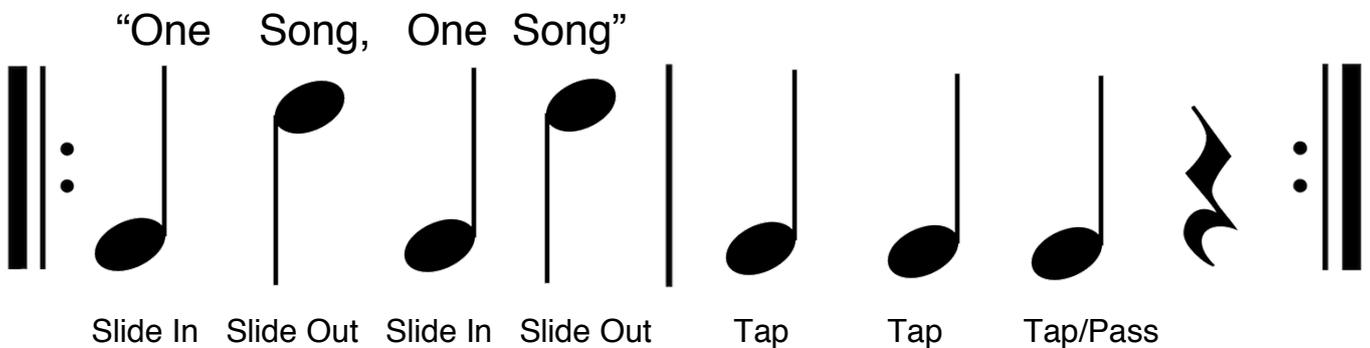
**Chorus:**

Slide the cup from your left hand to your right hand. Tap it on the ground twice and then pass it to the person to your right.



**Tag:**

On the words 'One Song' slide the cup in and out then tap it three times on the ground. Alternatively, on the third tap pass the cup to your right.



**Bridge:**

Freestyle/Improvisation. Allow students to make their own sounds and noises with the cups. They can play them any way they like.

## **Other Ideas:**

- Have students compose their own ostinato for the bridge or have them re-write/re-arrange the cup percussion.
- You can have students do this in pairs and instead of passing around a circle they can pass the cups backwards and forwards to each other.
- Have your whole school perform this sitting either in one large group or as small groups of circles throughout the hall
- Have students turn and face 'out' of the circle to do the performance so people can see from the outside. They will need to figure out how to do the passing as it needs to be reversed.
- At the end of the song where the 'Tag' and 'Chorus' are sung at the same time you can have students play the different parts and still pass on the same time.